



AS OF
JULY 2018

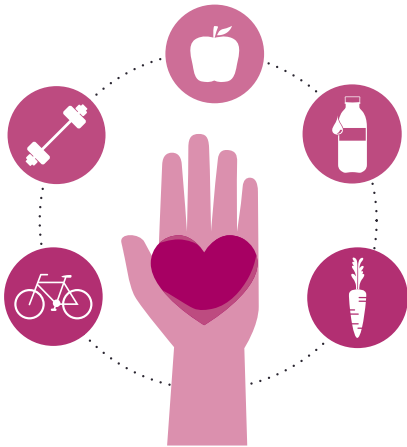
An Overview of CDC & NACHC's

MILLION HEARTS® BLOOD PRESSURE PROJECT

Nine health centers implemented self-measured blood pressure monitoring (SMBP) at 24 sites. The project was designed to test integrated clinical-community SMBP models to help mitigate barriers and amplify facilitators to accelerate the use of SMBP in patients with hypertension.

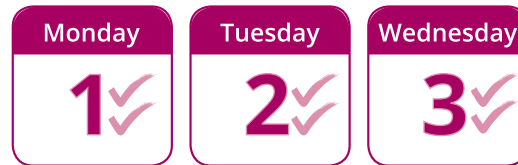


PATIENTS RECOMMENDED 1,420
to use SMBP by their provider or health care team to help manage or diagnose their hypertension



PATIENTS REFERRED 302
to a community resource to support their SMBP efforts and provide additional healthy lifestyle resources

794



PATIENTS COMPLETED SMBP by taking two blood pressure readings per day for at least three consecutive days



5

PERCENT INCREASE in blood pressure control rates at two participating health centers