

## Preventing illness, disability, and death related to tobacco use by health center patients

The Tobacco Cessation Change Package (TCCP) is a quality improvement tool created by the Centers for Disease Control and Prevention (CDC), as part of their Million Hearts® initiative. The TCCP supports health care professionals with tobacco cessation efforts in outpatient, inpatient, and behavioral health settings. It presents a list of process improvements for clinicians and gives clinical teams a practical resource to increase the reach and effectiveness of tobacco cessation interventions.

## WHAT

### is NACHC doing to help Health Centers with tobacco cessation?

In 2020 NACHC partnered with the CDC to understand how the Million Hearts® Tobacco Cessation Change Package (TCCP) could serve Health Center care teams better. For the pilot, NACHC partnered with the Louisiana Primary Care Association (LA PCA), the Ohio Association of Community Health Centers (OACHC), and three health centers in each state. The health centers involved found localized and creative strategies that moved health center patients toward smoking cessation goals, while dealing with their acute health care needs.

NACHC simplified these findings into an easy-to-use Tobacco Cessation Resource Guide for Health Centers. This guide is modeled after the Million Hearts® TCCP, but designed specifically for health centers. It includes quick access to resources, workflows, and other tips that can help care team members with:

- Key Foundations for Tobacco Control
- Equipping Care Teams
- Screening
- Treatment
- Referral and Follow-up
- Electronic Health Records, Population Health Dashboards, and Billing

## WHO

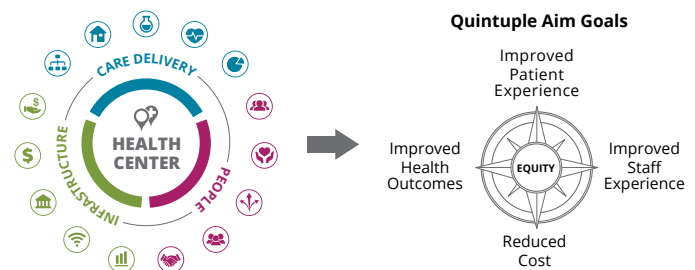
### benefits from the new Health Center Resource Guide for Tobacco Cessation?

Any health center care team member who aims to support patients with tobacco cessation, or the staff at Health Center Controlled Networks (HCCNs) and Primary Care Associations (PCAs) who support this work. This resource guide is especially helpful for primary care, dental, pharmacy, and behavioral health staff.

## HOW

### are NACHC's Tobacco Cessation efforts contributing to systems change?

NACHC's Million Hearts® and Tobacco Cessation efforts focus on population health management, evidence-based care, and care coordination: three key areas of the Value Transformation Framework (VTF). Projects use implementation science to improve health outcomes, achieve better staff and patient experiences, increase equity, and lower costs.



## WHY

### are these programs valuable?

- NACHC's Million Hearts® Improvement Projects, including the TCCP, target disparities in illness, death, and disability due to preventable toxicities like smoking, by enhancing evidence-based, equitable care at health centers. This work contributes to the resource base for high-risk-patient care.
- NACHC's work to supplement the TCCP specifically for health center care teams, provides health center professionals with quick access to usable workflows, tools, and tips for tobacco cessation.

## A Sample of Tobacco Cessation Resources for Health Centers

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- NACHC's [Health Center Resource Guide for Tobacco Cessation](#)
- Infographic: [Multidisciplinary Model for Tobacco Cessation](#)
- Infographic: [Patient Case Study for Tobacco Cessation](#)

### From the Field

Health centers involved with this work tell us that success with TCCP interventions was achieved when multi-skilled care-teams built relationships with patients and had ongoing conversations about their care plans and efforts to quit smoking or vaping. Each care team member helped to build patience and trust in the process.



To learn more about NACHC's tobacco cessation efforts, go to <https://www.nachc.org/clinical-matters/current-projects/>