### MILLION HEARTS® STATIN THERAPY FOR THE PREVENTION AND TREATMENT OF CARDIOVASCULAR DISEASE

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Improve appropriate use of statin therapy for patients at high risk for heart attack and stroke through enhanced care processes to prescribe statins to as many high-risk patients as possible</th>
</tr>
</thead>
</table>
| Population Focus | Adults at high risk for a cardiovascular event (heart attack or stroke):  
  - Clinical ASCVD,  
  - LDL >=190 mg/dL,  
  - Diabetes and LDL 70-89 mg/dL |
| Project Partners | 5 HCCNs  
22 Health Centers  
CDC  
AMA |
| Project Resources | Project Charter  
CDC Million Hearts® Website |

### MILLION HEARTS® IMPROVING BLOOD PRESSURE CONTROL FOR AFRICAN AMERICANS

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Improve blood pressure control for African Americans using evidence-based practices to intensify guideline therapy, increase frequency of patient touch points, improve medication adherence, and increase patient engagement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population Focus</td>
<td>African Americans age 18 and older with uncontrolled diagnosed hypertension</td>
</tr>
</tbody>
</table>
| Project Partners | 5 HCCNs  
23 Health Centers  
CDC  
AMA |
| Project Resources | Project Charter  
Hypertension Control Change Package  
CDC Million Hearts® Website |

For more information contact: Meg Meador at mmeador@nachc.org.
### MILLION HEARTS® HYPERTENSION INNOVATION COMPETITION

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Discover and fund promising innovations that aim to achieve the Million Hearts 2022 goals</th>
</tr>
</thead>
</table>
| Population Focus | • Black/African American people with high blood pressure  
• People ages 35 to 64  
• People who have had a heart attack or stroke  
• People with mental and/or substance use disorders who use tobacco |
| Project Partners | CDC  
AMA  
Health Center and HCCN Applicants |
| Project Resources | Application Link (deadline: TBD)  
[CDC Million Hearts® Website](#)  
Cholesterol Provider Training Package  
[NACHC Statin Use Animated Video](#) |

### MILLION HEARTS® SELF-MEASURED BLOOD PRESSURE MONITORING FORUM AND ONLINE LEARNING COMMUNITY

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Supporting efforts to increase adoption and appropriate use of SMBP on a national scale by hosting a quarterly forum and online learning community to facilitate peer and expert sharing opportunities and to exchange strategies, tools, trainings and resources to broaden the use of SMBP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population Focus</td>
<td>All organizations interested in advancing the uptake and use of SMBP for their patients and communities to improve hypertension diagnosis and management</td>
</tr>
</tbody>
</table>
| Project Partners | CDC  
AMA  
Health Care Delivery Organizations Associations, and others |
| Project Resources | [CDC Million Hearts® Website](#)  
[NACHC Million Hearts® YouTube Quarterly SMBP Forum Registration link](#)  
[Healthcare Communities Site](#) |