Leading Change: Transforming At-Home Care

NACHC's Quality Center is leading a cutting-edge pilot project to provide health centers with patient self-care tools to be placed in the hands of patients as part of new and advancing virtual care. With a large population of high-risk patients that are more likely to suffer from a disproportionate array of chronic conditions, NACHC’s pilot project is helping health centers take innovative steps to manage care and offer preventive services in the safety of patients’ homes.

Pilot Overview

- Twenty (20) health centers in sixteen (16) states were selected from a national pool of candidates to participate in this ten-month pilot project (September 2020 – June 2021).
- Participating health centers receive 20 Patient Care Kits to be distributed to patients as part of virtual care and remote patient monitoring.

Pilot Goal

- Test the impact of patient self-care tools (in the Patient Care Kit) offered in connection with care team support, monitoring, and follow-up in a virtual care setting.
- Develop health center and patient care models and workflows for the use of Patient Care Kits and remote patient monitoring in a virtual setting.
- Document the experience and lessons of a small cohort of health centers in applying Patient Care Kits as part of virtual care for the benefit of health centers nationally.

Patient Care Kits Include

- Home colorectal cancer screening (stool) test, home blood sugar (A1c) test, blood pressure monitor, thermometer, and scale.
- Educational and instructional materials for health center staff and patients.
- Logs and other recording tools for health center staff and patients.

Outputs & Outcomes

- Health Center Toolkit for implementation of a Patient Care Kit program.
- Online community of project participants sharing knowledge and innovations.
- Patient visit and health center staffing models and workflows for use of patient self-care tools and remote patient monitoring.
- Data on the impact of patient self-care tools on the Quadruple Aim goals: improved health outcomes, improved patient experience, improved staff experience, and cost.
- Lessons and best practices for sharing with health centers nationally.
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