

# Leading Change: Transforming At-Home Care

NACHC's Quality Center is leading a cutting-edge pilot project to provide health centers with patient self-care tools to be placed in the hands of patients as part of new and advancing virtual care. With a large population of high-risk patients that are more likely to suffer from a disproportionate array of chronic conditions, NACHC's pilot project is helping health centers take innovative steps to manage care and offer preventive services in the safety of patients' homes.



## Pilot Overview

- ✓ Twenty (20) health centers in sixteen (16) states were selected from a national pool of candidates to participate in this ten-month pilot project (September 2020 – June 2021).
- ✓ Participating health centers receive 20 Patient Care Kits to be distributed to patients as part of virtual care and remote patient monitoring.



## Pilot Goal

- ✓ Test the impact of patient self-care tools (in the Patient Care Kit) offered in connection with care team support, monitoring, and follow-up in a virtual care setting.
- ✓ Develop health center and patient care models and workflows for the use of Patient Care Kits and remote patient monitoring in a virtual setting.
- ✓ Document the experience and lessons of a small cohort of health centers in applying Patient Care Kits as part of virtual care for the benefit of health centers nationally.



## Patient Care Kits Include

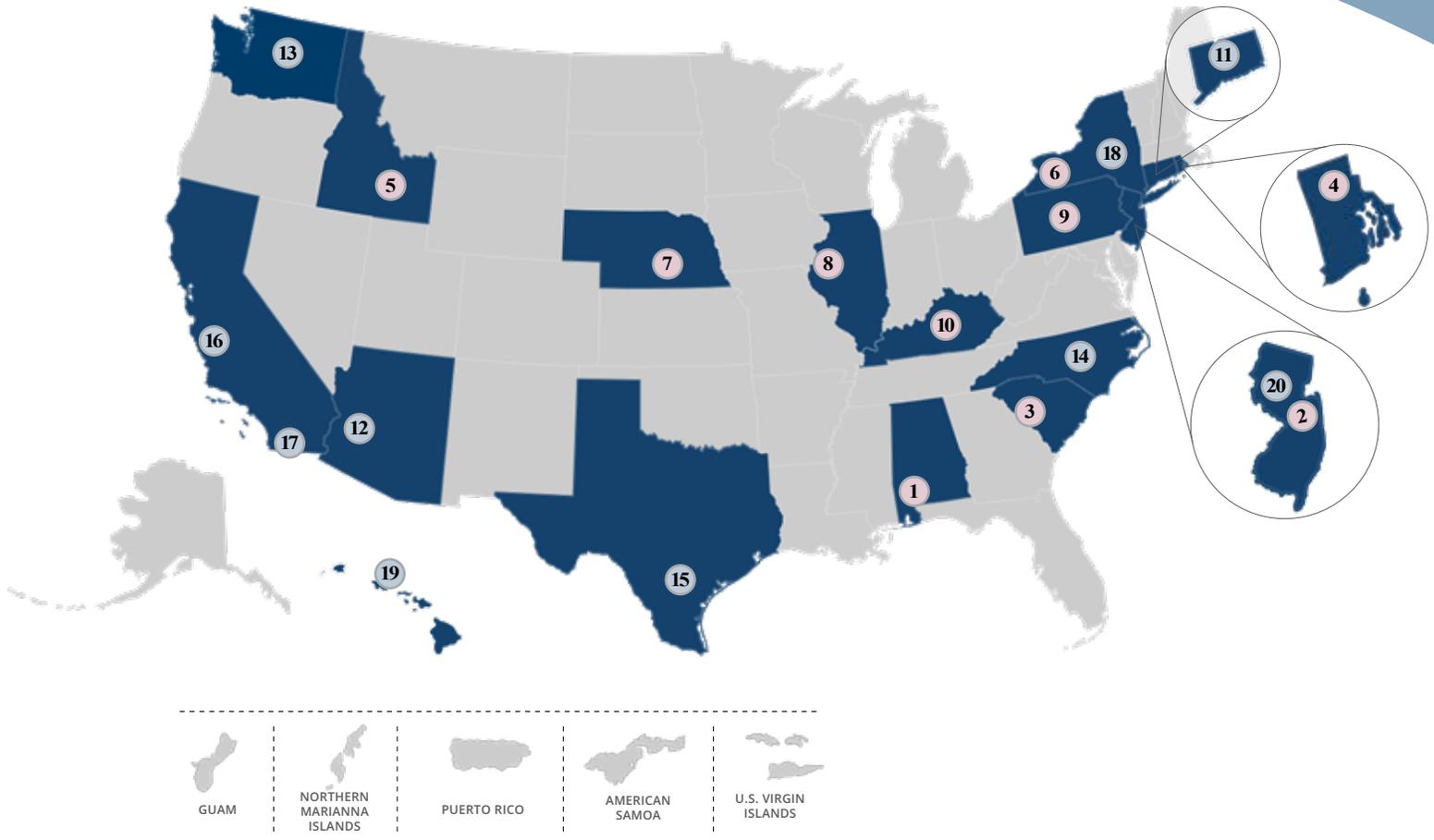
- ✓ Home colorectal cancer screening (stool) test, home blood sugar (A1c) test, blood pressure monitor, thermometer, and scale.
- ✓ Educational and instructional materials for health center staff and patients.
- ✓ Logs and other recording tools for health center staff and patients.



## Outputs & Outcomes

- ✓ Health Center Toolkit for implementation of a Patient Care Kit program.
- ✓ Online community of project participants sharing knowledge and innovations.
- ✓ Patient visit and health center staffing models and workflows for use of patient self-care tools and remote patient monitoring.
- ✓ Data on the impact of patient self-care tools on the Quadruple Aim goals: improved health outcomes, improved patient experience, improved staff experience, and cost.
- ✓ Lessons and best practices for sharing with health centers nationally.

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**1 ACCORDIA HEALTH**

**2 ALLIANCE COMMUNITY HEALTHCARE**

**3 CARESOUTH CAROLINA, INC.**

**4 EAST BAY COMMUNITY ACTION PROGRAM**

**5 KANIKSU HEALTH SERVICES**

**6 OAK ORCHARD HEALTH**

**7 ONEWORLD CHC**

**8 SHAWNEE HEALTH SERVICE**

**9 THE WRIGHT CENTER FOR COMMUNITY HEALTH**

**10 WHITE HOUSE CLINICS**

**11 CHARTER OAK HEALTH CENTER, INC.**

**12 COMPREHENSIVE HEALTH CENTER-PHOENIX**

**13 INTERNATIONAL COMMUNITY HEALTH SERVICES**

**14 KINTEGRA**

**15 LONE STAR CIRCLE OF CARE**

**16 NATIVE AMERICAN HEALTH CENTER**

**17 NORTH ORANGE COUNTY REGIONAL HEALTH FOUNDATION**

**18 OPEN DOOR FAMILY MEDICAL CENTER**

**19 THE WAHIAWA CENTER FOR COMMUNITY HEALTH**

**20 ZUFALL HEALTH CENTER**

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