

MULTIDISCIPLINARY MODEL FOR TOBACCO CESSATION

USING THE MILLION HEARTS® TOBACCO CHANGE PACKAGE (TCCP) AT HEALTH CENTERS

PRIMARY CARE TEAM

- Screen for tobacco use
- **Counseling:** motivational interviews
- Prescribe cessation medications
- Referrals
 - CHC services: Pharmacy, Behavioral Health, Care Management, Dental
 - External resources (Quit lines)
- Follow-up & track patient in EHR

DENTAL CARE TEAM

- Screen for tobacco use
- **Counseling:** motivational interviews
- Prescribe cessation medications if recommended
- Referrals
- Follow-up & track patient in EHR

CARE MANAGER

- **Counseling:** motivational interviews
- Care coordination
- Relapse prevention
- Follow-up and track patient in EHR

PATIENT

Patient's Integrated Electronic Health Record (EHR):



- Self-reported tobacco use (initial and over time)
- Cessation care plan (initial and over time)
- Record of resources provided by multidisciplinary care team

Health Center's Dashboard for Population Health

PHARMACY TEAM

- **Counseling:** motivational interviews
- If eligible, prescribe cessation medications (nicotine replacement, varenicline/ibupropropion, etc...)
- Referrals to counseling
- Follow-up and track patient in EHR

BEHAVIORAL HEALTH CARE TEAM

- Provide interventions: counseling, motivational interviewing, mindfulness, trigger points, etc.
- Recommend cessation medications
- Assess patient readiness
- Address psychosocial issues
- Follow-up and track patient in EHR

EXTERNAL PARTNERS/RESOURCES

- Quit lines
- Local resources (like [Aunt Bertha's listings](#))
- National & State [Tobacco Control Programs](#)
- Follow-up and track patient in EHR

STATE PRIMARY CARE ASSOCIATION

Provides access to training, best practice (e.g. from [AAFP](#)) information, state & local resources