Telehealth may be a better option than in-person when:

- Existing or new patient desires it
- Transportation and scheduling barriers exist
- Adolescent states privacy and confidentiality is enhanced by it
- Adolescent has a safe and secure location for visit
- Adolescent has personal ownership of required technology or formal access to it
- Adolescent understands how to communicate if there are issues with connection, privacy, and safety before, during or after telehealth visit
- Interpreter is not needed or is reliably available via telehealth