

# Adolescent Sexual and Reproductive Health Care

MAY 2022



## SCHEDULING STAFF

Consider telehealth for these types of visits  
In scheduling, ask for a call-back number and if a confidential visit is requested.

### WELL EXAMS



**Screening and counseling** may be done in advance via telehealth: schedule patient with appropriate Care Team member



**Labs and immunizations** may be scheduled remotely with results ready by in-person visit. Request lab orders from provider as appropriate.



In-person required for physical exam

### BIRTH CONTROL



**Contraceptive counseling, initiation or follow-up**

- Screening, counseling and informed consent for LARC (IUD, injection, and implants)
- Instruction on Sub-Q Depo Provera injection
- General birth control



In-person required for intramuscular Depo Provera and insertion/removal of LARC

### PROBLEM-BASED



**Screening for STIs:** specimen collection materials may be mailed or picked up by patient  
Counseling and treatment for STI per center protocols



**Follow-up of chronic problem** such as dysmenorrhea, PMS, gender care, anxiety, and depression



Bleeding, discharge, genital complaints need provider approval for telehealth

### Telehealth may be a better option than in-person when:

- Existing or new patient desires it
- Transportation and scheduling barriers exist
- Adolescent states privacy and confidentiality is enhanced by it
- Adolescent has a safe and secure location for visit
- Adolescent has personal ownership of required technology or formal access to it
- Adolescent understands how to communicate if there are issues with connection, privacy, and safety before, during or after telehealth visit
- Interpreter is not needed or is reliably available via telehealth

 Not Telehealth friendly