

## **Self-Assessment and Growth**

Skill: Proactively and continually assess personal strengths/challenges and manage learning and guidance needs (for example, participate in structured self-assessments and education; seek feedback and guidance and lifelong learning, etc.).

5-Expert	<ul> <li>Practice informed reflection and action based upon the major changes that will occur in the next 10, 20 or more years ("Future Think")</li> </ul>
	<ul> <li>Engage with and nurture relationships with peers/partners/colleagues who candidly provide transparent and forthcoming feedback and advice to help with self-assessment and development</li> </ul>
	<ul> <li>Identify the behavioral modifications and strategies necessary for self-improvement</li> </ul>
4-Skilled	<ul> <li>Subscribe to and read industry publications, including those in other health delivery models</li> </ul>
	<ul> <li>Complete self-assessments of my plans and progress towards my personal and professional goals on a regular basis</li> </ul>
3-Applied	<ul> <li>Develop and adhere to self-directed professional development plan</li> </ul>
	<ul> <li>Take advantage of relevant learning opportunities offered by various associations</li> </ul>
	<ul> <li>Willing to explore options outside of my comfort zone</li> </ul>
	<ul> <li>Seek out the advice and counsel of my peers and leadership team</li> </ul>
2-Basic	<ul> <li>Take part in personal development opportunities presented by outside entities</li> </ul>
	<ul> <li>Develop plans (including time frames) to achieve personal development goals</li> </ul>

- Ensure that my personal goals are included in annual performance review & planning
- **1-Learning** Have completed a self-assessment to establish my baseline performance levels/current status
  - Engage my Chief Executive Officer (CEO) and peers in constructive dialogue about my personal and professional goals