

Self-Assessment and Growth

Skill: Proactively and continually assess personal strengths/challenges and manage learning and guidance needs (for example, participate in structured self-assessments and education; seek feedback and guidance and lifelong learning, etc.).

5-Expert	 Practice informed reflection and action based upon the major changes that will occur in the next 10, 20 or more years ("Future Think")
	 Engage with and nurture relationships with peers/partners/colleagues who candidly provide transparent and forthcoming feedback and advice to help with self-assessment and development
	 Identify the behavioral modifications and strategies necessary for self-improvement
4-Skilled	 Subscribe to and read industry publications, including those in other health delivery models
	 Complete self-assessments of my plans and progress towards my personal and professional goals on a regular basis
3-Applied	 Develop and adhere to self-directed professional development plan
	 Take advantage of relevant learning opportunities offered by various associations
	 Willing to explore options outside of my comfort zone
	 Seek out the advice and counsel of my peers and leadership team
2-Basic	 Take part in personal development opportunities presented by outside entities
	 Develop plans (including time frames) to achieve personal development goals

- Ensure that my personal goals are included in annual performance review & planning
- **1-Learning** Have completed a self-assessment to establish my baseline performance levels/current status
 - Engage my Chief Executive Officer (CEO) and peers in constructive dialogue about my personal and professional goals