

Self-Assessment and Growth

Skill: Proactively and continually assess personal strengths/challenges and manage learning and guidance needs (for example, participate in structured self-assessments and education; seek feedback and guidance and lifelong learning, etc.).

| 5-Expert | Practice informed reflection and action based upon the major changes that will occur in the next 10, 20 or more years ("Future Think") |
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| | Engage with and nurture relationships with peers/partners/colleagues who candidly provide transparent and forthcoming feedback and advice to help with self-assessment and development |
| | Identify the behavioral modifications and strategies necessary for self-improvement |
| 4-Skilled | Subscribe to and read industry publications, including those in other health delivery models |
| | Complete self-assessments of my plans and progress towards my personal and professional goals on a regular basis |
| 3-Applied | Develop and adhere to self-directed professional development plan |
| | Take advantage of relevant learning opportunities offered by various associations |
| | Willing to explore options outside of my comfort zone |
| | Seek out the advice and counsel of my peers and leadership team |
| 2-Basic | Take part in personal development opportunities presented by outside entities |
| | Develop plans (including time frames) to achieve personal development goals |

- Ensure that my personal goals are included in annual performance review & planning
- **1-Learning** Have completed a self-assessment to establish my baseline performance levels/current status
 - Engage my Chief Executive Officer (CEO) and peers in constructive dialogue about my personal and professional goals