

Q4T (QUALITY FOR TEENS)

Quality Improvement
in Adolescent Sexual and
Reproductive Health

Rationale

This elevator pitch supports the 1st step for organizational readiness described in [Q4T \(Quality for Teens\): A Quality Improvement Package for Adolescent Sexual and Reproductive Health Care](#) developed by the National Association of Community Health Centers in collaboration with Cicatelli Associates Inc. and with support from the Centers for Disease Control and Prevention Division of Reproductive Health.

Quality improvement team members can use this elevator pitch—and companion slide deck—to engage health center leadership in using Q4T to make improvements in adolescent sexual and reproductive health services.

- Children comprise about a third of health center patients, with adolescents an estimated 13% (data.hrsa.gov).
- Adolescent sexual and reproductive health (ASRH) care is foundational to youth preventive and primary care, but missed opportunities to provide recommended services are common.
- Rates of untreated chlamydia and gonorrhea are rising.
- National screening and services standards are endorsed by:
 - National Association of Community Health Centers (NACHC)
 - U.S. Centers for Disease Control and Prevention (CDC)
 - Major medical associationsBureau of Primary Health Care (BPHC) UDS measures reflect ASRH care.
- Clinicians and other members of the clinical care team need help to plan and implement this care. This tested quality improvement tool, Quality for Teens or Q4T, may be used as part of quality improvement goals or to meet maintenance of board certification requirements.
- Use of Q4T may decrease health disparities in youth receiving care at community health centers.