

Health Center Professional Development Program

## Person-Centered Care for Individuals with Higher Weight

**When: May 1-July 3, 2024**

**Introduction:** The NACHC Quality Center is excited to offer a certificate program for Person-Centered Care for Individuals who have Higher Weight in the Spring 2024 Health Center Professional Development Program. NACHC understands the importance of offering training opportunities on how to interact with individuals with higher weight at health centers to manage diabetes and other related conditions. More specifically, these training courses help to achieve the Quintuple Aim: improved health outcomes, improved patient experiences, improved staff experiences, reduced costs, and equity.

**Course Description:** This course provides tools and strategies to give compassionate, individualized care to higher weight individuals.

**Who Should Apply:** Care and education specialists, including nurses, dietitians, pharmacists, nurse practitioners, clinical nurse specialists, physicians, physician assistants, social workers, and other health care providers interested in enhancing care for people with diabetes and other related conditions.

**Course Content:** Participants will complete a self-paced online course including 7 modules with audiovisual presentations, downloadable copies of slides, and pre- and post-test learning assessments.

**Instructors:** Faculty from the Association of Diabetes Care and Education Specialists (ADCES).

### 7 self-paced, online courses:

- Scope of the Problem
- Psychological Considerations
- Obesity as a Chronic Disease
- Treatment Options
- Lifestyle Treatment
- Behavior Change
- Counseling Caveats

**12 seats  
available  
- Apply  
today for an  
opportunity to  
be accepted!**

Health Center Professional Development Program: [Person-Centered Care for Individuals with Higher Weight](#)

**Training includes:**

- 8 hours of online course content (7 modules) participants complete on their own
- 6-month access to tools, templates, and resources
- 3 live sessions for open dialogue and peer exchange
- Completion of course results in an ADCES Person-Centered Care for Individuals Who Have Higher Weight badge

| Course Schedule              | 2024 Dates   | Time                |
|------------------------------|--------------|---------------------|
| Kick-Off Session             | May 1, 2024  | 12:00 - 12:45 pm ET |
| Scope of the Problem         | On your own  | On your own         |
| Psychological Considerations | On your own  | On your own         |
| Obesity as a Chronic Disease | On your own  | On your own         |
| Treatment Options            | On your own  | On your own         |
| Office Hours                 | June 5, 2024 | 12:00 - 12:45 pm ET |
| Lifestyle Treatment          | On your own  | On your own         |
| Behavior Change              | On your own  | On your own         |
| Counseling Caveats           | On your own  | On your own         |
| Closing Session              | July 3, 2024 | 12:00 - 12:45 pm ET |

**Questions?**

Please contact us at: [qualitycenter@nachc.org](mailto:qualitycenter@nachc.org)

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**For more information and to apply, click [here](#).**

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